HELMET FITTING / RETENTION SYSTEM INFO

The best way to put on a helmet is to hold the chin straps to each side before pulling it over your head. Pass the end of the strap through the D-rings and pull it snug. Keeping your head straight, rotate the helmet from side to side with your hands. If the helmet is adjusted properly, you should feel the movement of your scalp closely match the helmet's movement. With your hands on the sides of the helmet, move the helmet in a slight up and down motion. Once again, the movement of your skin should follow the helmet movement. To remove the helmet, pull the D-ring tab outward to release strap tension, then un-thread the chin strap. Pull the chin straps outward, rotate the helmet forward and lift it off.

PLEASE NOTE:

- No helmet can protect the user against all foreseeable impacts.
- For maximum protection, the helmet must provide adequate peripheral vision.
- All retention straps (chin straps) must be securely fastened.
- The helmet can be seriously damaged by some common substances with damage being invisible to the user.
- Apply only mild soap and water for cleaning.
- Make no modifications to the helmet. If the helmet experiences a severe blow, please replace it.

PANTS

26" / 27-1/2"

28" / 29-1/2"

30" / 31-1/2"

28" / 29-1/2"

Measure the width of the waist on your regular street pants and multiply by 2. Then refer to the chart. Example: 16" x 2 = 32" or size 32. Note that ratchet buckle and side waist adjusters (on most models) will cinch up an additional 2" of waist size to fine tune the fit.

to fille tulle tile fit.		
MX PANT SIZE	INSEAM	
26	26-3/4"	
28	27-1/2"	
30	28-1/4"	
32	29"	
34	29-3/4"	
36	30-1/2"	
38	31-1/4"	
40	32"	
42	32-1/2"	
44	33-1/2"	
46	34"	
48	34-1/2"	
50	35"	
MX PANT SIZE	INSEAM	
02	26-1/2"	
	MX PANT SIZE 26 28 30 32 34 36 38 40 42 44 46 48 50 MX PANT SIZE	

32" / 33-1/2"	10	29-1/2"
34" / 35-1/2"	12	30-1/8"
36" / 37-1/2"	14	30-3/4"
YOUTH WAIST	MX PANT SIZE	INSEAM
16" / 17-1/2"	16	15-1/2"
18" / 19-1/2"	18	17"
20" / 21-1/2"	50	18-1/2"
22" / 23-1/2"	55	20"
24" / 25-1/2"	24	21-1/2"
26" / 27-1/2"	26	23"

04

06

08

27-1/4"

28-3/4"

24-1/2"

28"

JERSEYS

Compare one of your t-shirts with the corresponding size chart below. Choose the same size jersey as you would for a t-shirt. Note that jerseys typically run larger for a loose, unrestricted fit.

JERSEY SIZE
XS
SM
MD
LG
XL
5XF
3XL
JERSEY SIZE
WSM
WMD
WLG
WXL
W5XF
JERSEY SIZE
YSM
YMD
YLG
V/VI
YXL

HELMETS

Using a tape-measure, measure the circumference of your head just above the ears and across the forehead.

Refer to the chart for proper helmet size. Example: Head circumference measures 22-3/4" = Adult med helmet.

ADULT HEAD	HELMET SIZE	
20-3/8" - 21-1/8"	XS	
21-1/4" - 22"	SM	
22-1/8" - 22-7/8"	MD	
23" - 23-3/4"	LG	
23-7/8" & 24-5/8"	XL	
YOUTH HEAD	HELMET SIZE	
18-1/2" - 19-1/8"	YOUTH SM	
19-1/4" - 19-7/8"	YOUTH MD	
20" - 20-1/2"	YOUTH LG	

GLOVES

Measure the width of your palm "A" about 1" below the base of your fingers (about 3/4" for kids) and the length from the tip of your index finger to the base of your thumb "B" and match measurements to sizes listed on the chart. This is for reference only. Glove fit can be a personal preference.

MEN'S A/B	GLOVE SIZE	
3-5/8" / 4-3/8"	SM	_ B
3-3/4" / 4-1/2"	MD	
3-7/8" / 4-5/8"	LG	<u> </u>
004" / 4-3/4"	XL	
4-1/8" / 4-7/8"	5XT	F

WOMEN'S A/B	GLOVE SIZE
3-1/8" / 4"	WSM
3-1/4" / 4-1/8"	WMD
3-3/8" / 4-1/4"	WLG
3-1/2" / 4-3/8"	WXL
YOUTH A/B	GLOVE SIZE
2-3/8" / 2-3/4"	Y2XS
2-1/2" / 2-7/8"	YXS
2-5/8" / 3"	YSM
2-3/4" / 3-1/8"	YMD
2-7/8" / 3-1/4"	YLG
3" / 3-3/8"	YXL